

## Requirements

1. Fill out the registration.
2. The child should be baptized
3. Attend worship services regularly (parents with the child), so that they know more about the Church and the Word of God
4. Attend First Communion classes Wednesdays during Lent.
5. A class registration fee of \$30 to help with the cost of supplies. Scholarship are available, if needed.
6. The Sacrament of Holy Communion (First Communion) will be held during worship on Maundy Thursday.

## Sacrament of Holy Communion



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## What is the Sacrament of Holy Communion?

This sacrament is where Christians are strengthened for a life of faith, receiving the body and blood of Christ to satisfy our hunger for God.

## Who instituted the sacrament ?

The sacrament of Holy Communion was instituted by Jesus Christ, in this sacrament we receive the forgiveness of our sins:

*While they were eating, Jesus took a loaf of bread, and after blessing it he broke it, gave it to the disciples, and said:*

*“Take, eat; this is my body.”*

*Then he took a cup, and after giving thanks he gave it to them, saying:*

*“Drink from it, all of you; for this is my blood of the covenant, which is poured out for many for the forgiveness of sins.*

(Matthew 26: 26-28)

## What is First Communion?

First Communion is the time we prepare our hearts and minds to receive Holy Communion, the body and blood (bread and wine) of our Lord Jesus Christ for the first time.

We prepare our heart through prayers, confession, and participating in worship. We prepare our minds by instruction in Christian faith, focused on Bible Stories, the 10 Commandments, the Lord’s Prayer, and the Creeds of the Church.

Normally, we prepare for First Communion when children know how to read. Though, youth and adults can also prepare to receive First Communion through classes or with private instruction.

It is the responsibility of the parents and godparents to continue to bring the child to Church after First Communion to continue to participate in the Sacrament of Holy Communion and the life of the Church.

